

REVIEWS.

A TEXT-BOOK OF MEDICINE FOR NURSES.*

By E. Nobel Chamberlain, M.D., M.Sc., M.R.C.P.

Dr. Nobel Chamberlain has indeed supplied a long felt want to the Nursing profession of to-day, in this most interesting and instructive text-book, and as one peruses it chapter by chapter one realises how valuable it is. Those engaged in teaching will find it exceptionally practical and Sister-Tutors and Nurses will thank him for his very excellent "Physiological Outlines" preceding the chapters on organic diseases, where some Anatomical revision is necessary from the Pathological point of view.

An interesting introduction by the Author on disease, its cause and effects on the body form a good basis for the nurse to build her knowledge upon, and Dr. Chamberlain has also added the most concise summary of diseases, causes and treatment at the end of his book that one could find, and this together with the Glossary give an added interest.

The plates in the book are newer than usual and very fine and arrest the eye with their natural colouring.

Bacteriology is expounded in detail and the acute infections resulting from bacterial invasion, particularly Typhoid fever, are very fully dealt with, so that no one should fail to understand their Pathology and care.

An explicit outline of all the diseases in general is given, Chronic affections and Venereal diseases are each given a chapter which is much appreciated as these are often omitted.

The affections of the Portal circulation though rare, are outlined and a specially good chapter on Cardiac diseases and insufficiency will be of much value. Reflexes and diseases of the Nervous System are very clearly defined and encourage one to read on, in this usually difficult subject.

A detailed chapter on Dietetics and Therapeutics will give the nurse entering for her State Final examination all the knowledge she needs of these subjects. The Appendix contains most valuable practical work, including various tests necessary for diagnostic purposes and the preparatory treatment for most X-ray Examinations.

This book shows much care in preparation and can be commended to all Sister-Tutors as a general text-book on Medicine to meet the requirements of the General Nursing Council examinations.

THE MANAGEMENT OF ABDOMINAL OPERATIONS.†

By Rodney H. Maingot, F.R.C.S., England.

Doctor Maingot has written his book chiefly for medical students and medical practitioners, but it is a book of much

* Published by Humphrey Milford, Oxford University Press, 11, Warwick Square, E.C. 4. Price 20/-.

† Published by H. K. Lewis & Co., Ltd. Price 7s. 6d.

interest and enlightenment to the Sister Tutor and Surgical Nurse.

It deals briefly but thoroughly with each section of abdominal surgery, and is richly interleaved with blank note sheets, to add case details.

It opens with a very interesting and instructive chapter on Anæsthesia, together with the preparatory treatment on the part of doctor and nurse, thus making it useful to all interested in abdominal surgery. Avertin and Pernosten have each been allotted a chapter, giving the reader details of these new drugs.

The subject of blood transfusion has been more fully dealt with than is usual and its value to infants, especially after prolonged operations, such as cleft palate, is particularly stressed.

The post-operative nursing care of all cases is given in detail and in a very thorough and concise manner.

Diets for Peptic Ulcer are detailed and an outline of two popular ones are given—namely, Hurst and McClean.

"Human Bile in Intestinal Toxæmia" is a new and interesting subject, and is described thoroughly with results obtained when human and ox bile have been used. The chapters devoted to complications are most valuable and one notes with interest the stress the author has put on "small things" that matter so much to the patient physiologically and psychologically.

Any medical or nursing library will be the richer for possessing this little book, and we recommend it to all interested in modern surgical treatment.

H.G.B.



A MOUNTAINEER, FATHER AND SON.

CLEVER COUNTRY.**Kentucky Mountain Trails.**

"Clever Country," by Mrs. Caroline Gardner, Executive Secretary in Chicago, of the Frontier Nursing Service, is a book to be read, re-read and possessed, for it is a story of

heroism and courage rare in these days of softness, inspired by love of humanity, and especially of little children, a fine healthy open air life in some of the loveliest country in the world, for those nurses who do not mind taking risks, who are good riders, shall we perhaps add in days to come dauntless fliers? We wonder.

The book has an introduction by Mrs. Breckinridge, the founder, organiser and director of the Frontier Nursing Service, who says truly that "the romance of the setting enthalls us, but Mrs. Gardner has penetrated below the surface charm of the life she depicts to a deeper level. . . . This gives the book peculiar distinction, the more especially as we are not conscious of how deeply its wistful pathos and charming humour have impressed us until we have read it through. As we read we understand, and then we come to see not only that our hearts were throbbing, but that our minds have been stimulated to a clearer comprehension of reality."

Mrs. Gardner's purpose on going up into the Kentucky

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